Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: DBT

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Dekoning Cindy

Coaches: De Wit Tessa HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 20: 100M BREASTSTROKE MEN 13+ — Heat:9, starttime: 14:15

Heat: 9/14 Lane : 4 Athlete: VAN MELE GUNNAR — **Q-time: 01:23:63**

PB (25m pool): 01:23.63 Hasselt 04/10/2026 **PB (50m pool):** 01:26.62 **SB:** 01:23.63 Hasselt 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:39.21		01:23.63	
		00:39.21		*00:44.42*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 100M BREASTSTROKE MEN 13+ — Heat:10, starttime: 14:20

Heat: 10/14 Lane : 2 Athlete: BALLET EMILE — **Q-time: 01:22:74**

PB (25m pool): 01:22.74 Hasselt 04/10/2026 **PB (50m pool):** 01:28.20 **SB:** 01:22.74 Hasselt 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:38.82		01:22.74	
		00:38.82		*00:43.92*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 21: 100M MEDLEY WOMEN 13+ — Heat:7, starttime: 14:40

Heat: 7/18 Lane : 2 Athlete: CLAESKENS LINA — **Q-time: 01:24:48**

PB (25m pool): 01:23.02 Beringen 05/03/2023 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:23.02	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: DBT

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:4, starttime: 15:10

Heat: 4/13 Lane : 7 Athlete: OOMS CéLIA — **Q-time: 00:46:12**

PB (25m pool): 00:49.89 Lommel 02/03/2025 **PB (50m pool):** 00:46.12 **SB:** no time

	25 M	50 M	
PB		00:49.89	
	00:49.89		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:8, starttime: 15:15

Heat: 8/13 Lane : 6 Athlete: MEYERS TRAPMAN ANNALINA — **Q-time: 00:41:38**

PB (25m pool): 00:41.99 Bree 31/05/2026 **PB (50m pool):** 00:41.38 **SB:** no time

	25 M	50 M	
PB		00:41.99	
	00:41.99		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:9, starttime: 15:15

Heat: 9/13 Lane : 8 Athlete: POEL OONA — **Q-time: 00:40:96**

PB (25m pool): 00:40.96 Hasselt 04/10/2026 **PB (50m pool):** 00:45.73 **SB:** 00:40.96 Hasselt 04/10/2026

	25 M	50 M	
PB		00:40.96	
	00:40.96		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:8, starttime: 15:30

Heat: 8/16 Lane : 1 Athlete: VAN MELE GUNNAR — **Q-time: 00:33:84**

PB (25m pool): 00:33.84 Aarschot 26/04/2026 **PB (50m pool):** 00:34.73 **SB:** no time

	25 M	50 M	
PB		00:33.84	
	00:33.84		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: DBT

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:13, starttime: 15:35

Heat: 13/16 Lane : 5 Athlete: BALLET EMILE — **Q-time: 00:30:16**

PB (25m pool): 00:30.16 Bree 31/05/2026 — **PB (50m pool):** 00:30.57 **SB:** no time

	25 M	50 M	
PB		00:30.16	
	00:30.16		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:10, starttime: 17:15

Heat: 10/15 Lane : 4 Athlete: OOMS CéLIA — **Q-time: 01:39:83**

PB (25m pool): 01:39.83 Pelt 27/09/2026 — **PB (50m pool):** 01:43.32 **SB:** 01:39.83 Pelt 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:47.53		01:39.83	
		00:47.53		*00:52.30*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:13, starttime: 17:20

Heat: 13/15 Lane : 4 Athlete: POEL OONA — **Q-time: 01:34:94**

PB (25m pool): 01:34.94 Hasselt 04/10/2026 — **PB (50m pool):** 01:36.92 **SB:** 01:34.94 Hasselt 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:45.53		01:34.94	
		00:45.53		*00:49.41*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:15, starttime: 17:25

Heat: 15/15 Lane : 8 Athlete: MEYERS TRAPMAN ANNALINA — **Q-time: 01:32:24**

PB (25m pool): 01:33.74 Pelt 27/09/2026 — **PB (50m pool):** 01:32.24 **SB:** 01:33.74 Pelt 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:44.19		01:33.74	
		00:44.19		*00:49.55*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: